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What does it take to feed 3,000 families for Thanksgiving? Families Helping Families Houston takes on the Challenge

Richmond, TX, September, 2021— What does a week worth of groceries look like? Many families in the Houston area, especially those struggling with hunger, due to the economic downturn caused by COVID-19, can only imagine. That’s when **Families Helping Families, Houston** steps in.

The fact is, one out of four children in the Houston area (23.2%) go through the holidays, wondering where their next meal will come from. This is why **Families Helping Families, Houston (FHF-Houston)** was established. FHF Houston is helping families in its own backyard by providing **1 weeks’ worth of groceries** to families in need in Fort Bend County every Thanksgiving.

Families Helping Families has boldly taken on tremendous challenges faced over the past 19 plus months. However, this year, FHF continues to welcome increased support from community groups, educational institutions, corporate sponsors and monetary donations. *“We recognize that the need is real and we are committed to make sure families in need, know that their neighbors understand their situation and are here to lean a hand,”* said Quincy Collins, Families Helping Families, Founder. In order to accomplish the goal of feeding over **3,000** families, FHF is in need of additional financial support. “Each year we learn of more families we could have helped and we want to meet that need.” Collins added.

FHF targets recipients within the community, specifically families of children within the Fort Bend and Richmond area school districts. Despite children being provided meals when classes are in session, during the holidays, those same children may not receive the nutrition meals they need.



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This year’s goal is
3,000 families



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“Our goal is to provide these children with the sufficient meals during the holidays. We hope this gets them through the Thanksgiving Holidays until they return to school sponsored meals after the break,” commented Collins added.

FHF Houston is quickly making their efforts known and are drawing the attention of community organizations who applaud the vision and are happy to join forces. Families Helping Families supporters have included HEB, The Fort Bend Sheriff’s and Constable Departments, Fort Bend ISD Police Department, Texas Highway Patrol and the Smart Financial Center, just to name a few. FHF provides about 50 perishable and non-perishable food items, including a Thanksgiving turkey.

This year the distribution site will be at Fort Bend ISD George Bush High School located at 6707 FM 1464 RD, Richmond, TX 77407 on Saturday, November 20, 2021 from 8am-4pm

“As a kid, I used to prepare meals with my grandparents, and we would deliver them to the homeless living on the streets of downtown Houston. That’s why I do this. I want to continue their legacy and give to others through our organization. This year will be tough, but I know we can do it.” Quincy commented.

Families Helping Families is a Non-Profit Organization created to provide food to families in need during the Thanksgiving holiday. Established in 2013, FHF has delivered groceries to more than 800 families. **Families are carefully preselected and chosen prior to the distribution of groceries, for the program and FHF will continue to observed CDC Guidelines and offer contactless, curbside pickup.**

For information on donating or volunteering please visit: <https://www.fhfhouston.com/> Families Helping Families Houston was founded in 2013, as a grassroots non-profit organization led completely by volunteers who desire to feed needy families in Fort Bend Country for Thanksgiving.