

## FOR IMMEDIATE RELEASE

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### “Families Helping Families in Houston” At least Four Ways to Help Feed 3,000 Families at Thanksgiving

**Richmond, Tx- October, 2021** -- An increased need in our community has motivated Families Helping Families Houston to increase their reach, in order to feed three-thousand families in 2021. That’s way increase help is needed to meet that need. There are several ways residents, organizations and business owners can help.

1. **You Can Help Box Groceries:** In the days leading up to the day of distribution, we’ll need as many hands as possible to unload trailers, build and fill boxes as well as help with the logistics of distribution.
2. **You Can Sponsor Food Items:** This is a vital role and is at the heart of this entire effort. *We need grocery chains and food suppliers to step up and provide food* that will help a family of 4-7 be able to enjoy meals and a Thanksgiving dinner.
3. **Sponsor a Family:** \$150 sponsors a family of 4-7 with a weeks worth of groceries. This package also includes Thanksgiving dinner. Your donation could mean the difference this holiday season.
4. **Join forces with Law Enforcement:** The success of this effort is based on the support from the men and women of our local law enforcement agencies. They have a solid ear into the needs of the community and we are proud to partner with them. You can be to great assistance by being their extra hands while they make community distributions.

The goal is to reduce food insecurities in the Fort Bend / Houston area and your support will make a difference. That’s why this years goal to feed **3,000 families** will test the limits of the organization.

**This year the distribution site will be at Fort Bend ISD George Bush High School, located at 6707 FM 1464 RD, Richmond, TX 77407 on Saturday, November 20, 2021 from 8am-4pm**

Here’s more ways the community can help:

- **You can donate by going to our website at [www.fhfhouston.com](http://www.fhfhouston.com).**
- **Sign up to volunteer Dates**

**Thursday, November 18th from 6pm-10pm**

**Receive and Sort Non-Perishables**

**Friday, November 19th from 3am-8am**

**Receive and Sort Perishables**

**Saturday, November 20th from 8am-4pm Deliveries to Families**

Families Helping Families is a 501(c)(3) Non-Profit Organization created to provide food to families in need during the Thanksgiving holiday. <https://www.fhfhouston.com/sponsorship>



Serving the Houston area  
for the past 8 years



This year’s goal is  
3,000 families



Help us reach our goal  
of \$450,000



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